Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on consuming home-grown legumes**  **for use with mothers of children aged 6 – 59 months** |

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| **Behaviour Statement**  Targeted mothers of children 6 – 59 months of age, feed them home-grown legumes at least 2 times per week throughout the year. |

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| **Demographic Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into things mothers do to keep their child healthy. The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her/his time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. Do you have a child that is older than 5 months but younger than 5 years?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**What is the name of that child?** [record the name and use it in question 6] \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2.** **Do you have a garden or a field where you grow any crops?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent.]*

❑ C. Won’t say / Doesn’t remember 🡪 *[End the interview and look for another respondent.]*

**3.** **In the past 12 months, did you grow any legumes such as groundnuts, pigeon peas, cowpeas, green beans, soy beans or lentils?** *[Amend the list according to the locally grown leguminous crops.]*

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Won’t say / Doesn’t remember 🡪 *[End the interview and look for another respondent.]*

**4.** **Thinking about the legumes you have grown in your garden, please tell me what you did with those legumes.**

❑ A. The family ate some / all 🡪 *[Ask the next question*.*]*

❑ B. The family did not eat any of the legumes 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Won’t say / Doesn’t remember 🡪 *[End the interview and look for another respondent.]*

**5.** **Can you please tell me which members of your family ate the legumes?**

❑ A. A child between 6 – 59 months 🡪 *[Ask the next question*.*]*

❑ B. Other people – NOT the child between 6 – 59 months 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Won’t say / Doesn’t remember 🡪 *[End the interview and look for another respondent.]*

**6.** **About how many times in the last week did \_\_\_\_\_\_\_\_\_\_\_\_\_\_** [name of the child] **eat any type of the legumes you grew?**

❑ A. Two times or more 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. Once or less 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Won’t say / Doesn’t remember 🡪 *[End the interview and look for another respondent.]*

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A |  | Question 2 = B or C |
| Question 3 = A | Question 3 = B | Question 3 = C |
| Question 4 = A | Question 4 = B | Question 4 = C |
| Question 5 = A | Question 5 = B | Question 5 = C |
| Question 6 = A | Question 6 = B | Question 6 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What makes it **easy** for you to feed your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to feed your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to feed your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to feed your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences** | |
| **Doers:** What are the **positive consequences** of feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative consequences** of feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative consequences** of feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approve** of you feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you feeding your children home-grown legumes at least 2 times a week throughout the year?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **5.1 Doers:** How difficult is it to get the things you need to grow your own legumes? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **5.1 Non-Doers:** How difficult would it be to get the things you need to grow your own legumes? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **5.2 Doers:** How difficult is it to grow enough legumes to be able to feed them to your child at least 2 times a week throughout the year? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **5.2 Non-Doers:** How difficult would it be to grow enough legumes to be able to feed them to your child at least 2 times a week throughout the year? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult is it to remember to feed your children home-grown legumes at least 2 times a week throughout the year? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to remember to feed your children home-grown legumes at least 2 times a week throughout the year? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability** | |
| **Doers:** How likely is it that your youngest child will become malnourished in the next year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that your youngest child will become malnourished in the next year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| ***Doers:*** How serious would it be if your youngest child became malnourished? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | ***Non-Doers:*** How serious would it be if your youngest child became malnourished? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| ***Doers:*** How likely is it that your youngest child would become malnourished if you fed her / him legumes at least twice a week throughout the year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | ***Non-Doers:*** How likely is it that your youngest child would become malnourished if you fed her / him legumes at least twice a week throughout the year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will** | |
| ***Doers:*** Do you think that it is God’s will that children become malnourished?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Do you think it is God’s will that children become malnourished?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **11. Culture** | |
| ***Doers:*** Are there any cultural rules or taboos against feeding your child legumes at least 2 times a week throughout the year?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Are there any cultural rules or taboos against feeding your child legumes at least 2 times a week throughout the year?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her / his time!** |