Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on timely initiation of complementary feeding**  **for use with mothers of children 7 - 9 months old** |

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| **Behaviour Statement**  Mothers of babies 6 - 7 months of age start to feed them semi-solid foods. |

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| **Interview Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into things mothers to do to care for their children. The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. How old is your youngest child?**

❑ A. 7 - 9 months 🡪 *[Ask the next question*.*]*

❑ B. Younger than 7 months or older than 9 months 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**2. What did this child eat earlier today?**

❑ A. Any semi-solid / solid food 🡪 *[Ask the next question*.*]*

❑ B. No semi-solid / solid food 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. No response 🡪 *[End the interview and look for another respondent.]*

**3. How old was the child when you first gave him any kind of food in addition to breast milk?**

❑ A. Anytime between 6 - 7 months 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. Younger than 6 months or older than 7 months 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Does not remember / No response 🡪 *[End the interview and look for another respondent.]*

**DOER / NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A | Question 2 = B | Question 2 = C |
| Question 3 = A | Question 3 = B | Question 3 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What makes it **easy** for you to start feeding your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to start feeding your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to start feeding your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to start feeding your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences[[1]](#footnote-1)** | |
| **Doers:** What are the **positive consequences** of starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative consequences** of starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What are the **negative consequences** of starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approve[[2]](#footnote-2)** of you starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you starting to feed your baby semi-solid foods when s/he is 6 months old?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult is it to get the food you need to start feeding your baby semi-solid food when s/he is 6 months old? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to get the food you need to start feeding your baby semi-solid food when s/he is 6 months old? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult is it to remember how to make a baby’s first food at the age of 6 months? Is it very difficult, somewhat difficult or not difficult at all?\*  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to remember how to make a baby’s first food at the age of 6 months? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability** | |
| **Doers:** How likely is it that your baby will become malnourished in the coming year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers** How likely is it that your baby will become malnourished in the coming year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| **Doers:** How serious would it be if your baby became malnourished? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | **Non-Doers:** How serious would it be if your baby became malnourished? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| **Doers:** How likely is it that your baby will become malnourished if you start feeding her/him semi-solid food when s/he is 6 months old? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that your baby will become malnourished if you start feeding her/him semi-solid food when s/he is 6 months old? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will** | |
| **Doers:** Do you think that God causes children to become malnourished?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Do you think that God causes children to become malnourished?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **11. Culture** | |
| **Doers:** Are there any traditions or taboos that make it less likely that you start to feed your baby semi-solid food when s/he is 6 months old?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Are there any traditions or taboos that make it less likely that you start to feed your baby semi-solid food when s/he is 6 months old?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her time!** |

1. *Positive consequences can be translated also as “the positive things that happen when you [insert the behaviour]”.*  [↑](#footnote-ref-1)
2. *The meaning of “approve” in this question is very subtle. It implies the idea of “in favour of….” It does not mean “give permission” or “allow”. Translators should use care when selecting the word to convey the meaning of this word and also “disapprove”.* [↑](#footnote-ref-2)