Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on providing non-sugary drinks to children**  **for use with mothers/caregivers of children aged 6 months to 6 years** |

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| **Behaviour Statement**  Mothers of children aged 6 months to 6 years of age provide them with non-sugary drinks. |

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| **Interview Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into things mothers do to keep their children healthy. The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her/his time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. Do you have a child between the ages of 6 months and 6 years?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**2.** **In the last two days, did you give this child any drinks such as soda, fruit punch, lemonade, sweetened powdered drinks, or sports and energy drinks?** [Adjust the question depending on what sugary drinks are common in the area.]

❑ A. No 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. Yes 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Does not remember / Won’t say 🡪 *[End the interview and look for another respondent.]*

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A | Question 2 = B | Question 2 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

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| **Behaviour Explanation**  In the following questions, I am going to be talking about ‘giving your child non-sugary drinks’. By this, I mean giving your child a beverage that does not contain a lot of sugar, such as water, milk or fruit juice. |

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What makes it **easy** for you to give your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to give your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to give your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to give your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences[[1]](#footnote-1)** | |
| **Doers:** What are the **positive consequences** of giving your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of giving your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative consequences** of giving your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative consequences** of giving your child non-sugary drinks only?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approve[[2]](#footnote-2)** of you giving your child non-sugary drinks only?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you giving your child non-sugary drinks only?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you giving your child non-sugary drinks only?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you giving your child non-sugary drinks only?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult is it for you to buy or get non-sugary drinks, such as water, milk or fruit juice to give to your child? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be for you to buy or get non-sugary drinks, such as water, milk or fruit juice to give to your child? Is Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult is it to remember to give your child non-sugary drinks only?Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to remember to give your child non-sugary drinks only?Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability** | |
| **7.1 Doers:** How likely do you think it is that your child will get diabetes in the coming years? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **7.1 Non-Doers:** How likely do you think it is that your child will get diabetes in the coming years? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **7.2 Doers:** How likely do you think it is that your child will become overweight or obese in the coming years? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **7.2 Non-Doers:** How likely do you think it is that your child will become overweight or obese in the coming years? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| **8.1 Doers:** How serious would it be if your child got diabetes in the coming years? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | **8.1 Non-Doers:** How serious would it be if your child got diabetes in the coming years? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **8.2 Doers:** How serious would it be if your child became overweight or obese in the coming years? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | **8.2 Non-Doers:** How serious would it be if your child became overweight or obese in the coming years? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| **9.1 Doers:** How likely is it that your child will get diabetes if s/he drinks only non-sugary drinks? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **9.1 Non-Doers:** How likely is it that your child will get diabetes if s/he drinks only non-sugary drinks? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **9.2 Doers:** How likely is it that your child will become overweight or obese if s/he only drinks non-sugary drinks? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **9.2 Non-Doers:** How likely is it that your child will become overweight or obese if s/he only drinks non-sugary drinks? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will\*** | |
| **Doers:** Do you think that God approves of you giving your child non-sugary drinks only?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Do you think that God would approve of you giving your child non-sugary drinks only?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| *\* This question can also focus on the perceived cause of the problem: “Do you think that God / evil spirit / a curse / bad luck causes [put the problem here]?” But only refer to one of the causes in one question.*  *\*\* Depending on the local culture, this question can also be about gods or (evil) spirits.* | |
| **11. Policy** | |
| **Doers:** Is there anything that is being done in this community that makes it easier for you to give your child non-sugary drinks only?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Is there anything that is being done in this community that makes it easier for you to give your child non-sugary drinks only?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **12. Culture** | |
| **Doers:** Are there any cultural norms in this community that make it more difficult for you to only give non-sugary drinks to your children?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Are there any cultural norms in this community that make it more difficult for you to only give non-sugary drinks to your children?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her / his time!** |

1. *Positive consequences can be translated also as “the positive things that happen when you [insert the behaviour]”.*  [↑](#footnote-ref-1)
2. *The meaning of “approve” in this question is very subtle. It implies the idea of “in favour of….” It does not mean “give permission” or “allow”. Translators should use care when selecting the word to convey the meaning of this word and also “disapprove”.* [↑](#footnote-ref-2)