Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on immediate breastfeeding**  **for use among mothers of infants aged 1 day – 5 months** |

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| **Behaviour Statement**  Targeted mothers put the newborn to the breast within one hour of delivery. |

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| **Demographic Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into newborn feeding practices.The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. What is the age of your youngest child?**

❑ A. Less than 6 months 🡪 *[Ask the next question*.*]*

❑ B. 6 months or more 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**2. Was this child ever breastfed?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**3. After your baby was delivered, how long was it before you put your baby to the breast?**

❑ A. Within 1 hour 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. Within more than one hour 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Never breastfed her baby 🡪 *[End the interview and look for another respondent.]*

❑ D. Cannot recall / No response 🡪 *[End the interview and look for another respondent.]*

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A |  | Question 2 = B or C |
| Question 3 = A | Question 3 = B | Question 3 = C or D |

**The respondent is a: ❑ Doer ❑ Non-Doer**

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What made it **easy** for you to put your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to put your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What made it **difficult** for you to put your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to put your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences** | |
| **Doers:** What were the **positive consequences** of putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What were the **negative consequences** of putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative things** of putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approved** of you putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapproved** of you putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you putting your newborn to the breast within one hour of delivery?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult was it to get the support you needed to put your newborn to the breast within one hour of delivery? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to get the support you need to put your newborn to the breast within one hour of delivery? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult was it to remember to put your newborn to the breast within one hour of delivery? Was it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult do you think it would be to remember to put your newborn to the breast within one hour of delivery? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability** | |
| **Doers:** How likely do you think it is that you will bleed too much during your next delivery? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely do you think it is that you will bleed too much during your delivery? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| ***Doers:*** How bad a problem would it be if you bled too much after the next delivery? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | ***Non-Doers:*** How bad a problem would it be if you bled too much after the delivery? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| ***Doers:*** If you put your newborn to the breast within one hour after delivery do you think that it would help to reduce excessive bleeding? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | ***Non-Doers:*** If you put your newborn to the breast within one hour do you think that it would help to reduce excessive bleeding? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will** | |
| ***Doers:*** Do you think that God approves of you putting your newborn to the breast within one hour of delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Do you think that God approves of you putting your newborn to the breast within one hour of delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **11. Policy** | |
| ***Doers:*** Are there any local laws or rules in place that help a mother put her newborn to the breast within one hour of delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Are there any local laws or rules in place that help a mother put her newborn to the breast within one hour of delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **12. Culture** | |
| ***Doers:*** Are there any cultural rules or taboos that you know of against putting a newborn to the breast within one hour of delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Are there any cultural rules or taboos that you know of against putting a newborn to the breast within one hour of delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her time!** |