Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **men helping their wives with farming and other chores**  **for use with fathers and mothers of children aged 4 to 35 months** |

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| **Behaviour Statement**  *Fathers undertake, in the first six months of their child’s life, additional farming and other chores that are traditionally done by mothers outside of the household.* |

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| **Interview Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Ethnic Group: \_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction** *[tell it to the husband and wife together, if possible]*  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team of the Department of Health and the non-governmental organization Save the Children. We are looking into things people do to keep their children healthy. I would like to talk to your wife for 5 minutes and to you for about 15 minutes to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you and your wife like to talk with me? *[If not, thank the respondent(s) for her/his time.]*  **Consent was provided**: YES NO |

### SECTION A: DOER/NON-DOER SCREENING QUESTIONS

The following questions must be asked to the **MOTHER**. As much as possible, try to conduct the interview in a quiet place where people can see you but the husband (or other adults) cannot hear you. If you cannot find such a place, do not conduct the interview.

**1. Can you please tell me how old your youngest child is?**

❑ A. Between 4 and 35 months 🡪 *[Ask the next question*.*]*

❑ B. Less than 4 months or more than 35 months 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**2. In the first four month after you delivered the youngest child, did your husband live with you in the village?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**3. After you delivered your youngest child, did someone help you with your farming and other tasks that are done outside of your household, so that you could be nearby your baby and breastfeed it whenever it was hungry?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[Mark the husband as a Non-Doer and go to section B to interview the husband.]*

❑ C. Won’t say / No response 🡪 *[End the interview and look for another respondent.]*

**4. Can you please tell me all those people who were doing more work, so that you could be nearby your baby and breastfeed it whenever it is hungry?**

❑ A. Only husband / partner 🡪 *[Ask the next question*.*]*

❑ B. Husband / partner and other people 🡪 *[Ask the next question*.*]*

❑ C. Other people but NOT the husband / partner 🡪 *[Mark the husband as a Non-Doer and go to section B to interview the husband.]*

❑ D. Won’t say / No response 🡪 *[End the interview and look for another respondent.]*

**5. How many of your usual tasks was your husband helping with?**

❑ A. Quite a lot 🡪 *[Ask the next question*.*]*

❑ B. Very few 🡪 *[Mark the husband as a Non-Doer and go to section B to interview the husband.]*

❑ C. Won’t say / No response 🡪 *[End the interview and look for another respondent.]*

**6. For how many months after your baby was born was your husband doing more work, so that you could be nearby your baby and breastfeed it whenever it is hungry?**

❑ A. 4 months or more 🡪 *[Mark the husband as a Doer and continue to section B.]*

❑ B. Less than 4 months 🡪 *[Mark the husband as a Non-Doer and go to section B to interview the husband.]*

❑ C. Won’t say / No response 🡪 *[End the interview and look for another respondent.]*

**Thank the mother** for her time and ask her whether you can now talk to her husband.

**Verify in the following table whether the father is a Doer or Non-Doer.**

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B, C |
| Question 2 = A |  | Question 2 = C |
| Question 3 = A | Question 3 = B | Question 3 = D |
| Question 4 = A or B | Question 4 = C | Question 4 = D |
| Question 5 = A | Question 5 = B | Question 5 = C |
| Question 6 = A | Question 6 = B | Question 6 = C |

**The respondent is: ❑ Doer ❑ Non-Doer**

### SECTION B: RESEARCH QUESTIONS

The FATHER must be asked the following questions. As much as possible try to conduct the interview in a place where you are alone with the man and other adults cannot hear you. If you cannot find such a place, do not conduct the interview.

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| **Behaviour Explanation**  *In the following questions, I am going to be talking about “helping your wife with her tasks in the first six months of your child’s life”. By this I mean that for the first six months of your child’s life you regularly help with her work, especially those tasks that require her to be away from the child, such as farming. This help is supposed to allow her to be near the child and to breastfeed whenever the baby is hungry.*  *Do you understand what I mean or should I explain it better?* |

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What has made it **easy** for you to help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What has made it **difficult** for you to help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences** | |
| **Doers:** What are the **positive things** that have happened when you help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive things** that happen when you help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative things** that have happened when you help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative things** that happen when you help your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that have **approved** of you helping your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you helping your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that have **disapproved** of you helping your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you helping your wife with her tasks in the first six months of the child’s life?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult has it been to get the time you need to help your wife with her tasks in the first six months of the child’s life? Was it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to get the time you need to help your wife with her tasks in the first six months of the child’s life? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult has it been to remember to keep helping your wife with her tasks throughout the first six months of the child’s life? Was it very difficult, somewhat difficult or not difficult at all?\*  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult do you think it would be to remember to keep helping your wife with her tasks throughout the first six months of the child’s life? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability** | |
| **Doers:** In your opinion, how likely is it that your child could become undernourished in the coming year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** In your opinion, how likely is it that your child could become undernourished in the coming year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| **Doers:** How serious would it be if your child becomes undernourished? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | **Non-Doers:** How serious would it be if your child becomes undernourished? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| **Doers:** How likely is it that your child would become undernourished if you helped your wife with her tasks? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that your child would become undernourished if you helped your wife with her tasks? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will** | |
| **Doers:** Do you think that the spirits have approved of you helping your wife with her tasks during the first six months of the child’s life?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Do you think that the spirits would approve of you helping your wife with her tasks during the first six months of the child’s life?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **11. Policy** | |
| **Doers:** Are there any local rules in place that have made it more likely that you help your wife with her tasks during the first six months of the child’s life?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No    If the answer is “Yes”, ask: *What types of local rules are there?* | **Non-Doers:** Are there any local rules in place that make it more likely that you help your wife with her tasks during the first six months of the child’s life?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No  If the answer is “Yes”, ask: *What types of local rules are there?* |
| **12. Culture** | |
| **Doers:** Have there been any cultural customs or taboos against helping your wife with her tasks during the first six months of the child’s life?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No  If the answer is “Yes”, ask: *What types of cultural rules or taboos are there?* | **Non-Doers:** Are there any cultural customs or taboos against helping your wife with her tasks during the first six months of the child’s life?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No  If the answer is “Yes”, ask: *What types of cultural rules or taboos are there?* |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for his time!** |