Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on alcohol consumption**  **for use with boys and girls between the ages of 12 and 17 years old** |

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| **Behaviour Statement**  Boys and girls between the ages of 12 and 17 years drink non-alcoholic beverages only. |

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| **Interview Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into things young people do to stay healthy.The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her/his time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. How old are you?**

❑ A. Between 12 and 17 years (did not reach your 18th birthday yet) 🡪 *[Ask the next question*.*]*

❑ B. Younger than 12 years / older than 17 years 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**2. Do some of your friends sometimes drink alcohol, like beer, wine, hard liquor or homemade liquor?**

❑ A. No 🡪 *[Ask the next question*.*]*

❑ B. Yes 🡪 *[Ask the next question*.*]*

❑ C. Won’t say / Doesn’t know 🡪 *[End the interview and look for another respondent.]*

**3. For example, in the past week did you see any of your friends drinking alcoholic beverages?**

❑ A. No 🡪 *[Ask the next question*.*]*

❑ B. Yes 🡪 *[Ask the next question*.*]*

❑ C. Won’t say / No response 🡪 *[End the interview and look for another respondent.]*

**4. Within the past two weeks did *you* drink any alcohol beverages, such as beer, wine, hard liquor or homemade liquor?**

❑ A. No 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. Yes 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Won’t say / Doesn’t know 🡪 *[End the interview and look for another respondent.]*

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
|  |  | Question 2 = C |
|  |  | Question 3 = C |
| Question 4 = A | Question 4 = B | Question 4 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

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| **Behaviour Explanation**  In the following questions I am going to be talking about only drinking non-alcoholic beverages. When I say this I mean drinking things like water, soft drink, and juice - liquids that don’t contain any alcohol. |

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What makes it **easy** for you to only drink non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to only drink non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to only drink non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to only drink non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences** | |
| **Doers:** What are the **positive consequences** of only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative consequences** of only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative consequences** of only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approve** of you only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you only drinking non-alcoholic beverages?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult is it to get the support you need to only drink non-alcoholic beverages? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to get the support you need to only drink non-alcoholic beverages? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult is it to remember to only drink non-alcoholic beverages? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult do you think it would be to remember to only drink non-alcoholic beverages? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability[[1]](#footnote-1)** | |
| **Doers:** How likely is it that you will *[insert what your target group members perceive as the most serious problem related to adolescents drinking alcohol]*? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that you will *[insert what your target group members perceive as the most serious problem related to adolescents drinking alcohol]*? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| **Doers:** How serious would it be if *[insert what your target group members perceive as the most serious problem related to adolescents drinking alcohol]*? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | **Non-Doers:** How serious would it be if *[insert what your target group members perceive as the most serious problem related to adolescents drinking alcohol]*? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| ***Doers:*** How likely is it that you will *[insert what your target group members perceive as the most serious problem related to adolescents drinking alcohol]* if you only drink non-alcoholic beverages? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | ***Non-Doers:*** How likely is it that you will *[insert what your target group members perceive as the most serious problem related to adolescents drinking alcohol]* if you only drink non-alcoholic beverages? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will** | |
| ***Doers:*** Do you think that God approves of you only drinking non-alcoholic beverages?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Do you think that God would approve of you only drinking non-alcoholic beverages?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **11. Policy** | |
| ***Doers:*** Are there any community laws or rules in place that make it more likely that you only drink non-alcoholic beverages?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Are there any community laws or rules in place that make it more likely that you only drink non-alcoholic beverages?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **12. Culture** | |
| ***Doers:*** Are there any cultural rules or taboos in favour of you only drinking non-alcoholic beverages?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Are there any cultural rules or taboos in favour of you only drinking non-alcoholic beverages?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her / his time!** |

1. The risks of drinking alcohol as a teenager are many. The user of this questionnaire should identify the problem that alcohol consumption causes in their program area (primarily as perceived by the target group members) and adjust this question and the ones for Severity and Action Efficacy accordingly. [↑](#footnote-ref-1)